



# BEAUTY LOUNGE ARMONIA

NATURAL BEAUTY

ENGLISH



## *Beauty Lounge Armonia*

Let yourself be advised by our qualified beauticians and masseuses to find the most suitable treatment for you.

Before taking an appointment, we kindly ask you to inform us about your state of health (possible diseases, operations, pregnancy, chemotherapies, pressure...).

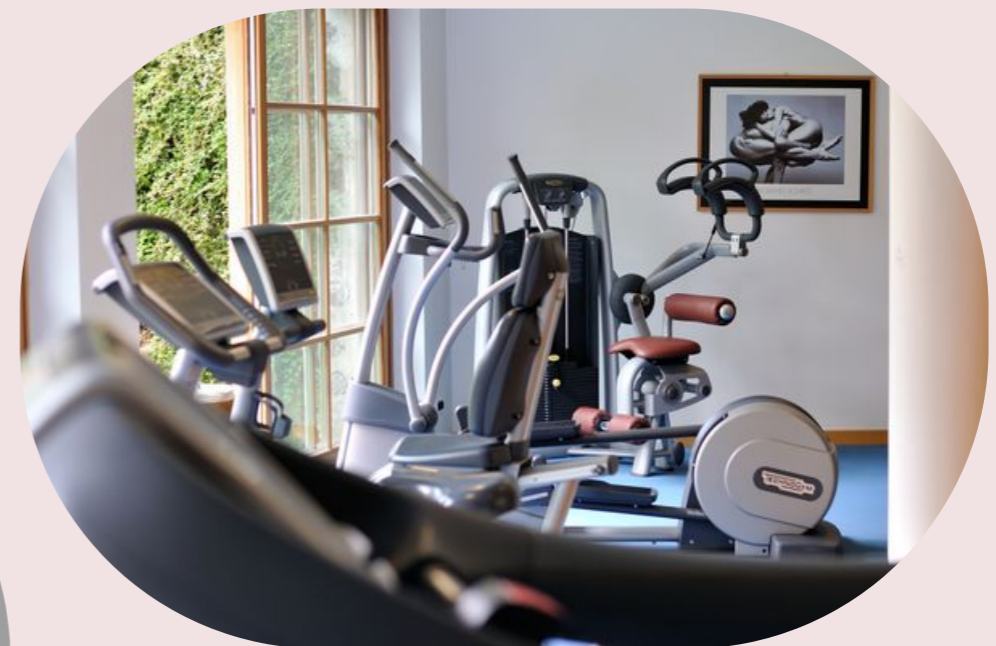
You can come to your appointment with the bathrobe.

We kindly ask to cancel your reservation at least 24 hours before the treatment. In case of failure to give notice or delay, the duration of the treatment will be shortened or it will be cancelled and charged to the room.

## *Fitness hall*

For safety reasons children younger than 16 must be accompanied by an adult.

Please respect the silence along the corridor of the beauty area.





## *Wellness world*

On your arrival you will find bathrobes, towels and slippers in the sauna bag in your room.

Access to the saunas without swimsuit.

We recommend you to take a shower before entering the saunas to prepare your skin.

It is also important to cool the body at the end of the sauna.

Children younger than 16 have access to the whirlpool only until 4:00 pm, respecting the silence and accompanied by an adult.

## *Panoramic swimming pool*

Our outdoor panoramic swimming pool gives you a wonderful view to the Sassolungo and Sassopiatto mountains.

Pool depth 1.39 m

Children must be accompanied by an adult.





# *Welcome* *we are glad you are here!*

We invite you to discover a world of well-being  
and forget everyday life.

Beauty, well-being and inner harmony  
are the essence of everything.

Our qualified beauticians and masseuses are specialized  
in holistic well-being and are at your complete disposal for  
any suggestion in order to find the most suitable treatment  
for you among our wide range of proposal.

All our treatments are carried out exclusively  
with natural-certified care products.

**VITALIS**  
DR JOSEPH



Dr. Hauschka





**VITALIS**  
DR JOSEPH



The philosophy of VITALIS Dr. Joseph

For VITALIS Dr. Joseph, nature has always been the first priority. Its claim is to refine the functional ingredients of nature with the latest microtechnological processes and combine them in harmony with traditional knowledge to holistic products and treatments.

*A dream of well-being...  
let yourself be tempted by our massages*

**AROMATIC MASSAGE**

50 min 86€

Relaxing holistic massage.

Free yourself from stress and emotional tensions and let yourself be overwhelmed by the essence that best suits your mood.

**RELAX MASSAGE WITH  
PURE COCONUT OIL**

50 min 86€

Coconut oil gives the skin a new shine, hydration and nourishment.

Massage for a relaxed body and mind.

**CLASSIC MASSAGE**

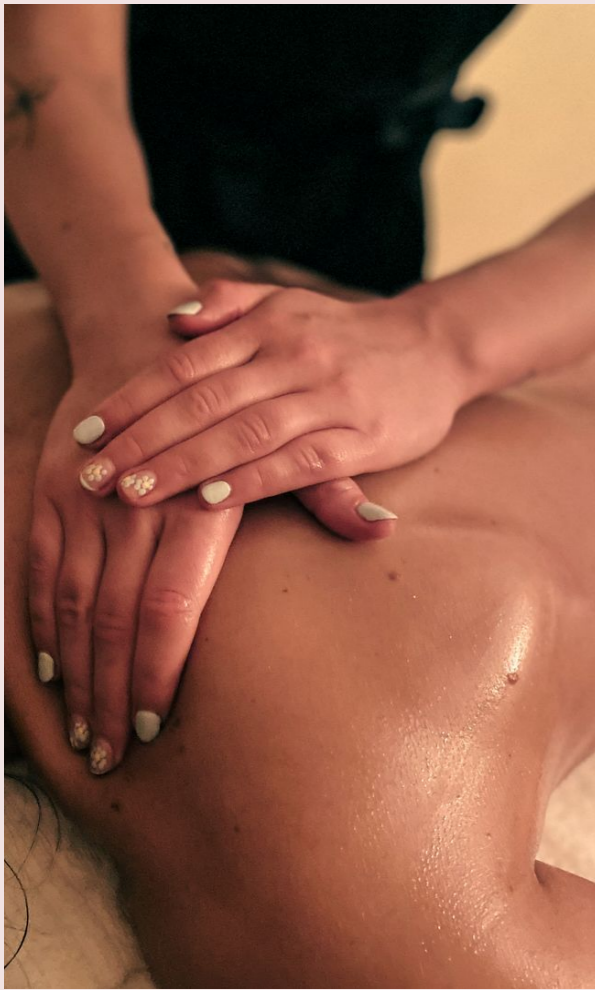
50 min 80€

25 min 55€

Your body feels light thanks to the lymphatic stimulation, your tensions decrease and you find relaxation and well-being.

In the 25-minute one you can choose between back, legs or feet.





**DYNAMIC RECREATION**                      50 min 96€  
**BACK MASSAGE**

ACCORDING TO THE METHOD OF VITALIS DR. JOSEPH

Let yourself be cuddled by manual maneuvers, customized according to the needs of your back. Follows cupping techniques, hot roll, arnica and St. John's wort balm, specific essence. Concluding with the sound of Tibetan bells for deep relaxation.

**ABYHANGA MASSAGE**                      80 min 130€

Ayurvedic holistic massage with enveloping maneuvers, accompanied by a specific essence signed by Vitalis, which balances the "Thridoshas" (pitta-vata-kapha). Warm herbal compresses and sachets on the back for a revitalizing effect.



**SPORT & VITALITY**                      50 min 96€  
**BODY MASSAGE**

Especially designed to relieve tension after sporting activities and provide maximum support for muscle regeneration. The perfect option for active people.

*new*

## *Rituals for the well-being of your body*

### LINEN GLOVE DRY BODY SCRUB

50 min 80€

Stimulating Nature - Linen Glove Dry Scrub

This deep-cleansing dry scrub with potent essences supports your metabolism for a clear and radiant complexion.

Ideal for sensitive and especially dry skin.

- Dry peeling
- Massage





## ALPINE TREATMENT

50 min 90€

1 PEELING WITH HAY FLOWERS and  
1 ALPINE MUD PACK

Your skin is going to be smooth and silky, thanks to the extracts of hay flower and apricot kernels. For a clear and bright skin. Alpine mud is rich in mineral salts and mountain pine extracts will reactivate your circulation, detoxify and purify your body.



## DETOX TREATMENT

50 min 90€

1 AROMATIC PEELING and  
1 ALGAE PACK

For a smooth and tonic, purified body.  
Anticellulite par excellence.  
Anti-aging, stimulates cell regeneration.

## MOISTURISING TREATMENT

50 min 90€

1 COCONUT PEELING and  
1 COCONUT WRAP

Especially suitable for dry skin. Let your skin get hydration thanks to the vitamin E contained in the coconut. The skin will be as soft as velvet, smooth and with an intense scent.

## BODY WRAPS

45 min 70€

### MOISTURISING BODY WRAP:

moisturizing pack with active ingredients of apple and rose hip.

### CALMING BODY WRAP:

calming wrap with calendula and chamomile

### SPORT & VITALITY BODY WRAP:

revitalizing wrap with arnica and hypericum

## COOL LEGS-COLD BANDAGE AND PARTIAL LEGS MASSAGE

50 min 80€

Based on pepper mint and chestnut, for a relaxing, draining, toning effect.  
For light legs and an optimal effect.

## SOUTH TYROLEAN

45 min 80€

## HAY BATH

Stimulates a strong sweat thanks to the capability of the hay to retain heat. Detoxifying action. Beneficial for the joints and relaxing for the muscling. Not suitable for those who do not tolerate heat or suffer from low pressure.



## *Our packages...*

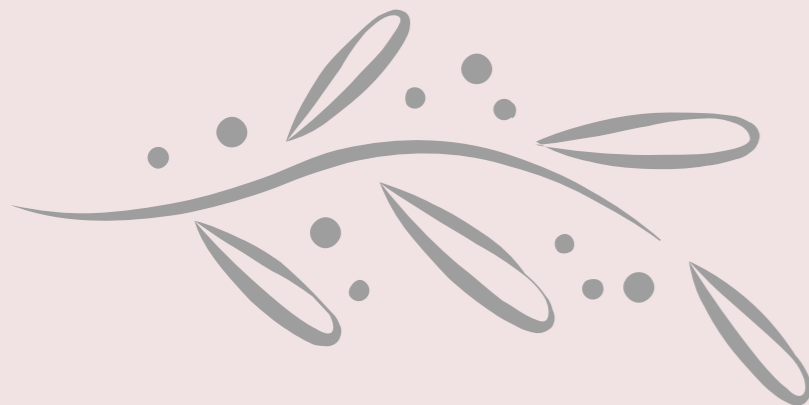
### ARMONIA PACKAGE

110 min 160€



### DOSSES PACKAGE

100 min 165€



## *for a deep relaxation*

1 FACE TREATMENT  
"one hour just for me"

following...

1 AROMATIC MASSAGE



1 ALPINE TREATMENT  
(1 hay peeling Vitalpina and 1 alpine mud body wrap)

following...

1 CLASSIC MASSAGE

# Face treatments for her and him

Dr. Hauschka



Dr. Hauschka philosophy:

Dr. Rudolf Hauschka, founder of the company,  
loved doing things differently.

Still today the rhythmic procedures of extraction are part of our complex reproduction process, in which we expose natural substances to the influx exercised by the rhythmic alternation of hot and cold, darkness and brightness, stasis and movement. Therefore we preserve the forces of nature, the effectiveness of officinal plants, without the addition of synthesis preservatives.



**CLASSIC FACIAL TREATMENT  
ACCORDING TO ELISABETH SIGMUND**

**120 Min 160€**

It all starts with a foot bath. In the careful dedication of the Dr. Hauschka beautician, she welcomes you with a warm and fragrant foot bath to let the tensions of the day melt away in the heat. Delicate touches on the arms and legs, warm compresses on the face that make you breathe deeply. Double cleansing, purifying mask and specific mask, intensive treatment in ampoules. Lymphatic stimulation with brushes. Eyebrow correction if required. All for deep relaxation.

**ONE HOUR JUST FOR ME  
FACIAL TREATMENT**

**60 Min 90€**

Personalized facial treatment based on your needs and those of your skin. Double cleansing, face masks, warm compresses with relaxing smells, intensive vial, specific cream or serum. In the end you are going to feel completely relaxed.

**DEEP PURIFYING  
FACIAL TREATMENT**

**60 Min 90€**

Facial treatment with natural preparations that make your complexion clean and bright. Double cleansing, squeezing blackheads, purifying and specific mask, intensive vials and specific cream.

**RELAXING/ REVITALIZING  
FACIAL TREATMENT**

**90 Min 130€**

Facial treatment suitable for those who feel their skin tired and stressed by atmospheric agents, just like it happens in transition periods during seasons change. Foot bath, lymphatic stimulation with brushes, specific masks, intensive vials, cream or serum, as needed. Eyebrow correction if required. For a skin and mind relaxed.

## *Your hands... your business card*

MANICURE WITH MASSAGE OR CLASSIC NAIL POLISH 50€

MANICURE WITH SEMI-PERMANENT NAIL POLISH 55€

LUXURY HAND TREATMENT WITH CLASSIC NAIL POLISH 70€  
(peeling - manicure - massage - classic nail polish application)

LUXURY HAND TREATMENT WITH SEMI-PERMANENT NAIL POLISH 75€  
(peeling - manicure - semipermanent nail polish application - massage)

## *Feet*

AESTHETIC PEDICURE WITH MASSAGE OR CLASSIC NAIL POLISH 60€

AESTHETIC PEDICURE WITH SEMIPERMANENT NAIL POLISH 65€

LUXURY FOOT TREATMENT WITH CLASSIC NAIL POLISH 75€  
(peeling - foot bath - aesthetic pedicure - massage - classic nail polish application)

LUXURY FOOT TREATMENT WITH SEMIPERMANENT NAIL POLISH 80€  
(peeling - foot bath - aesthetic pedicure - semipermanent nail polish application - massage)



## *Basic aesthetic treatments*

EYEBROW CORRECTION	12€
EYEBROW COLOURING	20€
CORRECTION + COLOURING TO THE EYEBROW	29€
CHIN DEPILATION	9€
UPPER LIP DEPILATION	9€

ARMPITS DEPILATION	15€
ARMS DEPILATION	27€
BACK / UPPER DEPILATION	27€
PARTIAL OR TOTAL BIKINI ZONE DEPILATION	15 / 20€

TOTAL LEGS DEPILATION	37€
LEGS TO KNEES DEPILATION	27€

TOTAL LEGS, ARMS AND BIKINI ZONE DEPILATION	70€
LEGS TO KNEES, ARMS AND BIKINI ZONE DEPILATION	60€



SEMIPERMANENT NAIL POLISH REMOVAL	10€
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foto by Vitalis Dr. Joseph - Dr. Hauschka - pexels

